# **CHAC Monthly Meeting**

September 13, 2019 **Durango Recreation Center** 

### Attendees:

Kyra Kaufman, citizen Jim Burpee, Man2Man Martha Poulin, Comfort Keepers Kathy Sherer, CHAC Erin Youngblood, Comfort Keepers Anne DiZenzo, Axis Mark Oliger, citizen Kim Oliger, citizen Lindsey Kato, CO Consortium for Prescription Drug Abuse Prevention Dr. Daniel Caplin, Four Corners Ketamine Center

Lynn Westberg, CHAC Board Eileen Wasserbach, CHAC Board Sheila Casey, CHAC Board

#### **Board Update**

The first *Creating Connections* Steering Committee meeting took place on August 21<sup>st</sup>. The next meeting is scheduled for Monday, September 30, 3PM at LPEA (multi-purpose room). If you would like an agenda or a copy of the meeting notes, please contact Kathy Sherer at kathy@chaclaplata.org. The Committee is still open to new members.

Please pay your individual and/or organizational dues and additional donations, if possible, as they make a difference more than ever – thank you.

# Dr. Daniel Caplin, Four Corners Ketamine Center

Dr. Caplin discussed the use of Ketamine infusions for depression and other conditions. For more information, go to www.fourcornersketamine.com or call Dr. Caplin at 970-903-3621 (cell).

# Updates, Networking and Events

#### Lindsey Kato

The Consortium has a grant-writing assistance program for rural counties for up to \$10,000. This is for anything related to preventing substance abuse (addressing loneliness could be considered prevention). There is also a grant for expanding addiction medication and treatment to rural counties, and a campaign for older adults relating to taking medication seriously. Find more information at www.corxconsortium.org.

#### Erin Youngblood

Comfort Keepers is now teaming up with Dr. Serfoss to provide medical care for their full-time caregivers with no co-pay. They always have openings for caregivers.

The next CHAC meeting is scheduled for October 11, 8:30-10:00 a.m. at the Durango Rec. Center Hospital Transformation Program – Elsa Inman will be discussing the outcomes from this 5-year initiative.

Meeting notes submitted by Kathy Sherer