## **CHAC Monthly Meeting**

July 12, 2019 Durango Recreation Center

#### Attendees:

Scott Wallace, CHAC Board
Lynn Westberg, CHAC Board
Sheila Casey, CHAC Board
Jim Burpee, Man 2 Man Prostate Support Group
Vicki Maestas, Senior Center
Doug McCarthy, Commonwealth Fund
Missy Neagos, Mercy
Kim Chism, Front Range Clinic
Nicole Clark, LPC Extension
Larry Turner, Guatemala speaker
Kathy Sherer, CHAC

## **Board Update**

A Steering Committee and a Speakers Bureau are being formed for the Creating Connections project. Please let a Board member know if you would like to be involved.

<u>Please pay your individual and/or organizational dues and additional donations, if possible, as they make a difference more than ever – thank you.</u>

#### Health Services at the Mission of San Lucas Toliman in Guatemala

Larry Turner, Co-Chair, Medical Mission Committee For information about their work, contact Larry at 749-2646.

#### **Updates, Networking and Events**

### Vicki Maestas

A Home Chore Program is available for seniors 60+ for house cleaning and yard work. The Voucher Program helps seniors with vision and dental care including dentures.

## Doug McCarthy

Doug is part of a group that is working on lowering the cost of health insurance for businesses and individuals. The goal is to have a purchasing coalition by 2021. There is a bill in Congress called Surprise Medical Bills that's being considered. This is when out-of-network doctors provide care to you and you didn't know about it until you got their bill. It would prevent those from being billed to you at exorbitant rates. If you're concerned, please write a letter to your congressman.

#### Nicole Clark

Nicole is a registered dietician with La Plata County Extension. Her role is to provide education and resources for the county. She is looking for opportunities to partner with other groups to increase health and well-being in the community.

# Kim Chism

Kim is the office manager for the Front Range Clinic that opened in Durango in January. This is an outpatient drug and alcohol addiction recovery facility doing medication-assisted treatment. They are looking to network and get more involved in Durango. There are 17 clinics in Colorado. International Overdose Awareness Day is August 31<sup>st</sup>. They are working on having an event in Durango on September 7<sup>th</sup>. An art installation project at Buckley Park to memorialize those who have overdosed is also in the works.

The next CHAC meeting is scheduled for <u>August 9, 8:30-10:00 a.m.</u> at the Durango Rec. Center Ellen Stein will be speaking about what's happening at Community Connections.

Meeting notes submitted by Kathy Sherer