

CHAC Monthly Meeting
April 12, 2019
Durango Recreation Center

Attendees:

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| Scott Wallace, CHAC Board | Doug McCarthy, Commonwealth Fund |
| Leah Tanke, 9R Schools | Tamra Lavengood, Mercy Primary Care |
| Missy Neagos, MPMC | Vicki Maestas, LPC Senior Center |
| Jason Armstrong, SJBPH | Janet Wolf, Office of Senator Michael Bennet |
| Pat Senecal, Grandma Listens | Eileen Wasserbach, CHAC Board, SoCoCAA |
| Hana Mueller, Sunshine Gardens | pattie adler, CHAC |
| Bob Cox, retired physician | Kathy Sherer, CHAC |

Board Update

CHAC plans to continue with monthly educational meetings that include networking and advocacy. The Board is also working to seek local funding to support our adult social isolation project. The Behavioral Health Team and the Board will meet to discuss this project on April 25 from 2:30 to 4:30 pm at the Senior Center in Durango.

Please pay your individual and/or organizational dues and additional donations, if possible, as they make a difference more than ever – thank you.

Comprehensive Primary Care – Tamra Lavengood, Mercy Primary Care

Tamra gave a presentation called “Mercy Family Medicine and Comprehensive Primary Care +”. Tamra is the CPC+/SIM Coordinator. Find her PowerPoint attached to these notes and on the CHAC website (chaclaplata.org) under *Communication* then *Monthly Meeting Notes*.

Some highlights include:

- Comprehensive Primary Care Initiative (CPCI): occurred during 2012-2016; multiple payers (insurance companies) paid into this four year national collaborative to fund primary care practices to deliver healthcare in innovative ways; Mercy Family Medicine (MFM) was one of 500 primary care clinics in the U.S. and 72 in the state that participated.
- Some goals: increase accessibility to care; decrease high utilizers’ use of the emergency room; improve patient-caregiver engagement (ex. Mercy has the Patient Family Advisory Council which meets monthly); improve care coordination; strengthen behavioral health/integrated care.
- “Empanelment”: connect patients to a care team to have a “patient covered medical home”
- “Risk stratification”: identify high and low risk patients by expenses to decrease costs; nationally, 20% of the population incurs 80% of healthcare costs. MFM developed a tool to measure this risk that includes social determinants of health. Payers (ins.) then paid a “care management fee” (\$600/mo./Medicare patient as an average) to help address these risks to reduce healthcare costs.
- Since the Initiative demonstrated success, it’s become “Comprehensive Primary Care +” (CPC+) to expand to more clinics and payers. CPC+ is defined as a “model (that) aims to strengthen primary care through regionally-based multi-payer payment reform and care delivery reform”.
- With Robert Wood Johnson Foundation funding, MFM hired one (non-RN) care coordinator in addition to three RN care coordinators supported by insurance payers. This allows for better follow-up from emergency room visits and in-patient stays.

- Colorado's State Innovative Model (SIM) funding is supporting two behavioral health professionals for improved integrated care
- Alternative payment models need to be explored.
- Lessons learned: 1) need to have at least one provider (doctor) champion in a clinic, 2) must have leadership (administration) buy-in, 3) having RN care coordinators in clinics is critical, 4) follow-up to emergency room and in-patient visits is important.

Updates & Networking

Janet Wolf – Office of Senator Michael Bennet

The link below is to a press release recently published that summarizes the *Medicare-X Choice Act of 2019*. It would allow people to keep their individual private insurance and improve coverage in rural areas. Within each of the press releases is a link to the actual bill text, and in some cases, additional summaries or FAQs are provided via embedded links.

<https://www.bennet.senate.gov/public/index.cfm/2019/4/bennet-kaine-reintroduce-medicare-x-to-provide-low-cost-high-quality-insurance-to-every-american>

FYI, links to other healthcare-related bills that Senator Bennet has sponsored or co-sponsored and introduced into the Senate recently are listed below.

<https://www.bennet.senate.gov/public/index.cfm/2019/4/bennet-murkowski-casey-introduce-bill-to-invest-in-health-care-and-resources-for-lgbtq-seniors>

<https://www.bennet.senate.gov/public/index.cfm/2019/4/bennet-gardner-shaheen-and-cassidy-introduce-bill-to-lower-prescription-drug-prices>

<https://www.bennet.senate.gov/public/index.cfm/2019/4/bennet-grassley-bill-to-improve-care-for-kids-with-complex-medical-conditions-passes-congress>

Jason Armstrong – SJBPH

There is a strategic planning process going on currently at SJBPH around suicide. Everyone is invited to the table. A plan should be coming out soon.

Pat Senecal - Grandma Listens

As a community member, she's informally been listening and observing young children, particularly at Café au Play, to offer support to parents and kids.

Eileen Wasserbach – SoCoCAA (BY 4/25: see attached announcement)

They are looking for a multi-systemic therapist; this would enable them to accept Medicaid. Application deadline is very soon.

Vicki Maestas – Senior Center (see attached announcement)

Caregiver Conference May 21 (10 – 2:30) at the Fairgrounds. Kim Mooney from the front range will be the keynote speaker; pattie has seen her and says she's very knowledgeable and humorous.

Bob Cox – He noted Tamra's presentation was "back to the future" because primary care physicians used to go into hospitals to see their patients instead of the current hospitalists. Also, electronic health record

(EHR) adaptation by doctors will increase as older physicians retire (they are not used to practicing medicine with EHRs).

The next CHAC meeting is scheduled for May 10, 8:30-10:00 a.m. at the Durango Rec. Center. The presentation will be about San Juan Basin Public Health's recent Community Health Assessment

Meeting notes submitted by Kathy Sherer with minor additions by pattie adler