

CHAC Monthly Meeting
December 14, 2018
Durango Recreation Center

Attendees:

James Burpee, retired MD	Kristin Markley, MRMC
Scott Mathis, MRMC	Sheila Casey, LPC Senior Services
Eileen Wasserbach, SoCoCAA	Liza Tregillus, Durango Café au Play
Helen Griego, MRMC	Anne Dizenzo, Axis
Sara Alden, MRMC	Lynn Westberg, CHAC
Kicki Maestas, LPC Senior Services	Erwin, CHAC
Heather Hawk, ECC of La Plata	Scott Wallace, retired CORHIO
Kathy Sherer, CHAC	

CHAC Updates

- Please renew your CHAC membership for 2019.
- Our ACP grant ended Oct. 31 and the Next 50 grant was declined. The Board will be discussing next steps at their meeting next week.
- Our annual meeting will be February 8 from 8:30 to 10:30 a.m.
- Nominations for the 2018 Health Hero will be taken until December 15. Please email your nomination to pattie@chaclaplata.org.

Mental Health Services for Preschool Children

Eileen Wasserbach presented a PowerPoint for Tanya Campbell, Mental Health Specialist for Southern Ute Head Start. You can view the PowerPoint at www.chaclaplata.org under Communication/Monthly Meeting Notes.

Updates and Networking

Heather Hawk – The Early Childhood Council serves children and families in licensed care centers with two individuals trained in early childhood mental health and infant mental health. They support young children through consultations with teachers in 61 classrooms in La Plata County and Archuleta County. 1800 hours of consultation services are provided each year for infants up through kindergarten.

Lynn Westberg – CHAC will have an annual planning meeting in February. Please be thinking about what our focus should be since we didn't get the grant we had applied for.

Anne Dizenzo – The Axis Senior Reach program works with adults age 60 and over who are socially isolated and who don't come into the Axis clinic. They provide individual counseling and care coordination for about 30 people per year. They work with the Senior Center and Mercy serving Bayfield, Ignacio, Durango and Silverton.

Liza Tregillus – She started a new non-profit called Durango Café au Play that may end up being part of the Family Center. It started 7 months ago in the Smiley Building and has served almost 300 families. It is a drop-in parent support space that's open 24/7. The primary mission is support for parents with children age 0-4 years. There is also a peer support group for teens and young adults with health problems. Children can

be left for up to 3 hours at a time if the parent is in the building. Help is also available for parents of young adults. A space with outdoor access is needed. Membership is \$20/month and scholarships are available.

Sheila Casey – The mission of Senior Services is to enhance the quality of life and support independence for adults age 60 and over. The three sites are in Durango, Bayfield and Ignacio. Services include meals, transportation, home chore services, durable medical equipment, activities and classes, and caregiver support program. There is also training for Medicare counselors who are always needed. 20% of the population in LPC is over 60.

Eileen Wasserbach – The Ignacio Early Learning Program is replacing the Head Start program and should open in January. The fee will be \$36/day and there will be 2 preschool classrooms and 1 toddler classroom. The Peaceful Spirit program will be absorbed by another program. The MST program should start up again and will need a supervisor.

Scott Mathis – The Centura system has begun cutbacks that will amount to \$350 million. Specific changes for Mercy will be announced in January.

The next monthly CHAC meeting is scheduled for January 11, 8:30-10:00 a.m. at the Durango Rec. Center.

Meeting notes submitted by Kathy Sherer with additions by pattie adler