

CHAC Monthly Meeting
November 9, 2018
Durango Recreation Center

Attendees:

Ann Morse, Manna
Erin Youngblood, Comfort Keepers
Madelynne Kinoshita, Comfort Keepers
Mary Dengler-Frey, SWCAHEC
Anna Spencer, Comfort Keepers
Missy Krause, Mercy
James Burpee, retired MD
Scott Mathis, Mercy
Bob Cox, retired MD
Eileen Wasserbach, SoCoCAA
Kathy Sherer, CHAC

CHAC Updates

- Please renew your CHAC membership for 2019.
- Our ACP grant ended Oct. 31st. We will know if we have been awarded a Next 50 grant early in December. The topic is Social Connectedness.
- Our annual meeting may take place later than January.
- Nominations for the 2018 Health Hero will be taken until December 15. Please email your nomination to pattie@chaclaplata.org.
- We are looking for new board members. Contact Eileen or pattie if you have an interest.

Advance Care Planning Wrap-Up

Bob summarized the accomplishments of the ACP initiative. We exceeded all our goals for this initiative that ended October 31st. Since the initiative began 2 years ago, the number of ADs received by Mercy has increased to 5,160, and 573 people were reached through our presentations. Going forward, the focus will be the implementation of electronic health records in a statewide database.

What is Manna doing? (see powerpoint on CHAC website www.chaclaplata.org)

Ann Morse, Executive Director, Manna

The mission of Manna is to provide, in the spirit of faith and love, nourishing meals and supportive services in an atmosphere of acceptance and caring for those in need.

Manna Soup Kitchen was founded in May, 1985. The previous winter, a woman died from starvation in a horse stall at the La Plata County Fairgrounds. Scrawled on the wall beside her were the words, "nobody cares." This tragedy resulted in a small group of Christians organizing to provide food assistance for the hungry. In 2017, Manna...

- Served 64,323 meals to the food insecure population
- Received over 124,000 lbs. in donations from community donors
- Volunteers accounted for 10,812 hours of service
- Client Services provided 4,216 vouchers including: bus passes, food bank referrals, thrift store vouchers, haircuts, and prescription coverage (vouchers are earned by doing chores)

Manna's Services:

- Open 7 days/week to provide meals to the food insecure
- Shower and laundry facilities
- Manna Culinary Program
- Backpack Program: Durango School District 9-R & Southern Ute Boys and Girls Club – provides meals for school children over the weekend
- Internship Program
- Client Services
- Emergency Food Boxes
- Local food distribution: Grub Hub at Fort Lewis, Southwest Safehouse, Durango Community Shelter, Hilltop House, Durango Food Bank

Culinary Program:

- 10 Week Program, twice per year with 8 students
- Students complete internships at local establishments
- Classes taught with the help of chefs from local restaurants
- Students receive a two-year state-recognized Food Handlers Certificate and a certificate of completion
- 40 completions through 2017 - 80% of graduates currently employed in food service industry

Manna Garden:

- Collaboration with The Garden Project of Southwest Colorado
- Garden produced 1550 lbs. of produce in 2017
- Wednesday evening Manna Market produce stand provides free produce to families (50 community members per week and 5,000 lbs. produce distributed in 2017)
- Volunteers at the Manna Garden completed over 1300 hours of community service

Ways to get involved: help cook, serve, clean-up, pick up donated food, donate food, warm clothing, toiletries, etc.

Ideas for Future Presentations

Fire & Rescue challenges around emergency medical services

Axis Crisis Team

Mental health patients in the Mercy ED by Paul Gibson

2019 changes at Mercy by Scott Mathis

Emergency care and security at Purgatory

Immunization update by Bob Cox

The changing face of Primary Care by Tamra Lavengood

Updates and Networking

Mary Dengler-Frey – Nominations for the Nightingale Awards are coming up next week. Winners will be announced March 14 at the Strater. This is about honoring the great work done by nurses.

James Burpee – The Prostate Cancer Support Group will receive an ACP presentation February 5th.

Erin Youngblood – Comfort Keepers has clients that receive non-medical services such as bathing, grocery shopping, transportation and light housekeeping. They want to provide a holistic model of service. They have begun working with the Upper Pine Fire Dept. on fire & fall prevention in the homes of isolated seniors. Connecting seniors with services like Meals on Wheels will also be done.

The next monthly CHAC meeting is scheduled for December 14, 8:30-10:00 a.m. at the Durango Rec. Center. Janna Schafer from Heartbeat will give a presentation.

Meeting notes submitted by Kathy Sherer