

CHAC Monthly Meeting
April 13, 2018
Durango Recreation Center

Attendees:

Eileen Wasserbach, SUCAP; CHAC Board
Lynn Westberg, CHAC Board
Bob Cox, physician, “My Life” Co-Lead
Vic Lopez, physician, CHAC Board
Sara Alden, MPMC
Helen Griego, MPMC
Scott Wallace, CORHIO
Rusty Connor, SWCAHEC
Anne Dizenzo, Axis
Scott Mathis, MPMC Board
Toni Abbey, Blueprints of Hope

Doug McCarthy, Commonwealth Fund
Laura Warner, SJBPH
Heather Hawk, ECC
Brandy Wright, 4 Corners Healthcare
Bill Warren, Axis Board
Gary Meisner, Axis
Erin Linden, Axis
Ken Bates, Durango Insurance Owner
pattie adler, CHAC
Kathy Sherer, CHAC

“My Life: Deciding in Advance” (Advance Care Planning) – Bob Cox

We’ve reached 1,218 people as of yesterday. Most recently, we’ve been meeting with the providers and staff from four Mercy Primary Care clinics. Another “open” educational community event is scheduled for Saturday, April 28, at the Durango library (flyers handed out). There will also be events held at the Bayfield and Ignacio libraries in the coming months.

What Can We Learn About Collaboration in “Most-Improved” Communities?

Doug McCarthy, Senior Research Director, The Commonwealth Fund
(*Doug’s PowerPoint presentation is attached and on the CHAC website*)

Four “Most-Improved” communities were looked at:

- Pueblo, Colorado – improved on 17 of 32 indicators tracked over time
- Stockton, California – improved on 19 of 33 indicators tracked over time
- Akron, Ohio – improved on 19 of 33 indicators tracked over time
- Paducah, Kentucky – improved on 17 of 32 indicators tracked over time

Common Performance Drivers were:

1. Local governments act as catalysts for change
2. Health care and other community organizations cooperate to achieve common goals
3. Data often guide action
4. Local health system improvement benefits from Medicaid expansion and other investments

The pathway for transforming regional health was: Phase 1 – Campaign, Phase 2 – Engage, Phase 3 – Align, Phase 4 – Redesign, Phase 5 – Integrate. Patient urgency was decreased and collaboration was increased. For more information: www.commonwealthfund.org or dm@cmwf.org

Accountable Health Communities Model

Laura Warner, Director of Health Promotion Services, SJBPH
(*Laura’s PowerPoint presentation is attached and on the CHAC website*)

Rocky Mountain Health Plans was awarded a 5-year grant for approx. \$4.5M in May of 2017. The award from the Center for Medicare & Medicaid Innovation was for:

- Intervention: address health-related social needs through referral and community navigation
- Goal: reduce healthcare costs and improve quality and delivery

SJBPH and SWCAHEC are partnering to implement this in Hinsdale, San Juan, Dolores, Montezuma, La Plata, and Archuleta counties. RMHP has developed a governance structure that includes regional and local advisory groups. The core social issues are housing, transportation, utilities, food, interpersonal violence, and social isolation. A 2-1-1 community database system instantly identifies a patient's challenges, outputs a list of helpful resources within the community, and will connect them with a Patient Navigator/Community Coordinator as needed. Visit www.rmhpcommunity.org to learn more.

Updates and Networking

pattie adler – There will be a free political advocacy training on May 1, 5:30 to 8:00 PM, at the Durango library. Contact Melanie at mkesner@healthiercolorado.org or 303-605-3496. Dinner will be provided.

Bob Cox – If you or anyone you know hasn't already done their advance care planning, a free event at the library on April 28 at 8:30 AM will have all the information needed to get it done.

pattie adler – On April 22, from 6:30 to 9:30 PM in the FLC ballroom, an event called *A Mile in My Shoes Pajama Party* will be happening. This is the beginning of a year-long community education/media campaign to increase awareness and compassion for our most vulnerable neighbors who are without homes. For more information, contact Jenn Lopez at jennglau Lopez@gmail.com or Kyla Jenkinson at info@photodivine.com.

Toni Abbey – Blueprints of Hope received a grant from the Colorado Dept. of Public Health & Environment to provide workshops that help improve the lives of cancer patients, survivors, and caregivers. The first workshop, called *Lifting the Fog*, will be held June 23 from 9AM to 2PM. There will be 5 different speakers. A retreat, called *Live by Living*, will be held October 26-28. Healthcare providers are always included in the workshops.

Rusty Connor – On April 26, from 5:15 to 8:45 PM at the Fairgrounds, a CME event called *The Prescriber's Toolbox* will help you to understand the risks and benefits and how-to's for safe prescribing, monitoring, and tapering prescription pain medications. Register at <https://formstack.io/233BB>

Erin Linden – Axis Dental Clinic has been working on getting another dentist and dental hygienist.

pattie adler – The Behavioral Health Team has been working on developing an initiative and writing a grant about Social Connectedness.

The next monthly CHAC meeting is scheduled for May 11, 8:30-10:00 a.m. at the Durango Rec. Center. An update on the Mercy LINK program will be given.

Meeting notes submitted by Kathy Sherer with minor additions by pattie adler