

**CHAC Monthly Meeting**  
August 11, 2017  
Durango Recreation Center

**Attendees:**

Christie Schler, MRMC; CHAC Board  
Kari Plante, SJBPH  
Eve Presler, RMHP  
Dave Rich, Seniors Outdoors  
Eileen Wasserbach, SUCAP; CHAC Board  
Darren White, Thrive! & Indivisible Durango  
Vic Lopez, CHAC Board

Sheila Casey, LPC Senior Services, CHAC Board  
Brandy Wright, 4 Corners Health Care Center  
Brittany Nava, Axis  
Elsa Inman, MRMC  
Rosemary Fleming, Indivisible Durango  
Guinn Unger, Indivisible Durango  
pattie adler, CHAC  
Kathy Sherer CHAC

**Advance Care Planning Update**

Flyers were distributed for the community education event to be held on September 14, 8:00-1:00 at the Durango Library. There will be four speakers covering diverse aspects of Advance Care Planning (different from our usual presentations) followed by hands-on opportunities to work on Advance Directives and get questions answered. Please register for this free event by contacting [kathy@chaclaplata.org](mailto:kathy@chaclaplata.org) or 884-2355. Wallet cards for Advance Directive information were also distributed. On August 31 at 11:40am on the show "FYI", Bob Cox and pattie will be talking about the event on radio 930AM. Bob will be talking about it on Durango TV the week beginning September 7th.

**Advocacy Update**

A letter from Eileen was included in the CHAC newsletter that was sent out on August 8<sup>th</sup>. The letter described how members may share information at monthly CHAC meetings where up to 20 minutes will be set aside for advocacy information sharing and discussion. An explanation of how the Advocacy Request form should be used to bring issues to the Board, as well as the form itself, is in the newsletter (and on [chaclaplata.org](http://chaclaplata.org)). CHAC will continue to look at opportunities where we can take action and make things better locally. We aren't just about Advance Care Planning. With the changing healthcare environment, there may be a clear task for us in the future.

**Sustainability**

Our current grant goes through September 2018; it's not too soon to be thinking about the future of CHAC and how to best meet the needs of the county. The Board has formed a Sustainability Team to look at the health of CHAC going forward. Helpful tools would be a Community Needs Assessment, grant opportunities, potential partners, etc. The Board welcomes your input.

**Presentation** (see PowerPoint with these notes and on CHAC website)

A representative from the Indivisible Durango Health Care Team, Rosemary Fleming, gave a presentation called *Current Climate of Healthcare Coverage*.

Some important definitions:

- Cost Sharing Reduction Payments  
ACA requires insurers to reduce the cost of deductibles, coinsurance, copayments and out-of-pocket limits for individuals with incomes 100-250% of federal poverty level.
- Single Payer  
All expenses paid by one entity, typically government. Delivery of services by private entities, i.e., hospitals, doctors. Government does not control care, only pays for approved services and equipment.

- Universal Healthcare  
A healthcare system that provides healthcare and financial protection to all citizens of a particular country.
- Medicare for All  
Most medical care paid for by US Government. Private insurers would likely provide only supplemental coverage for non-essential care.

Insurers in Colorado:

- 7 carriers are offering plans in the state
- 14 counties have only one insurer
- 1 insurer has options in every county
- La Plata County has Anthem BC/BS and Cigna in 2017

Where do Coloradans get insurance?

- 50% employer
- 6% individual
- 500,000 people in exchanges
- 6.7% uninsured

Colorado Health Access Survey:

10,136 households were surveyed about health insurance coverage, access and use of healthcare services. The 2017 survey results will be delivered by a team from the Colorado Health Institute

- Cortez: 9/19/17, 1:00-2:30 p.m. at library
- Durango: 9/19/17, 9:00-10:30 p.m. at Rec Center

Information sources:

- Indivisible Durango (Healthcare Committee) [indivisibledurango@gmail.com](mailto:indivisibledurango@gmail.com)
- Colorado Foundation for Universal Health Care [www.couniversalhealth.org/](http://www.couniversalhealth.org/)
- Colorado Health Institute [www.coloradohealthinstitute.org/](http://www.coloradohealthinstitute.org/)
- Media fact checking [www.mediabiasfactcheck.com](http://www.mediabiasfactcheck.com)

Discussion:

CHAC members asked Rosemary Fleming and Guinn Unger how we could be of help to Indivisible Durango (ID). One way to be mutually supportive is to attend each other's meetings and advertise each other's events within our memberships, newsletters, etc. If you would like to be added to the ID email list, contact Guinn at [geungerjr@outlook.com](mailto:geungerjr@outlook.com). ID has a free event coming up **August 29, 6PM, at the Library called "Obamacare, Trumpcare, and Healthcare Facts & Fiction."** ID also has speakers to offer free programs to groups.

## **Updates and Networking**

Darren White

Early Childhood Care Workshop, Oct. 6, 8:30AM to 4:30PM, at library - register at [www.thrivelaplata.org](http://www.thrivelaplata.org) by Sept. 29

pattie adler

Run for Alzheimer's, Sept. 9, 9:30AM, Rec Center – register at [www.stanthemarathonman.org/events/](http://www.stanthemarathonman.org/events/)

Eileen Wasserbach

Cancer Wellness Conference, Sept. 22-23 – register at [www.blueprintsofhope.org](http://www.blueprintsofhope.org)

Guinn Unger – LPEA Roundup Foundation has \$4-5K per month to distribute for charitable causes - send application to be considered.

Kari Plante – Oral Health Team meeting, Aug. 22, 12-1:30, SJBPH, Columbine Room

Vic Lopez – Our Place Adult Day Care provides respite care for people with mild dementia and is now working with the Colorado Respite Care Coalition who can provide scholarships for people who can't afford day care. They are also working on providing transportation.

Eve Presler – The Collaboration of Caring Communities (CCC) meets the first Thursday of each month from 2:00 to 4:00 at Christ the King church; the next meeting is Sept. 7. The group will be discussing ways of obtaining various forms of identification for people.

Rosemary Fleming: An idea for a future CHAC meeting is End of Life options.

### **CHAC Meeting Presentations**

September 8: Evolving Healthcare Delivery – Mark Carley, Centura Health (Denver)

October 13: Health Insurance Open Enrollment – Lauren Patterson (Family Center) & Kevin O'Connor (SJBPH)

**The next monthly CHAC meeting is scheduled for September 8 from 8:00 to 9:30 a.m. at the Durango Rec. Center.**

Meeting notes submitted by Kathy Sherer with minor additions by pattie adler