

# My Life: Deciding in Advance



Why are these people so happy?  
They've completed their Advance Care Planning,  
**AND YOU CAN TOO!**

**Thursday, September 14, 2017**  
**8:00 to 1:00 p.m.**

Durango Public Library **FREE EVENT**

Advance Care Planning is the process of expressing and documenting wishes for future healthcare decisions. We will help you to understand and complete your:

- Medical Durable Power of Attorney
- Living Will
- CPR Directive
- Medical Orders for Scope of Treatment (MOST)

Coordinated by Community Health Action Coalition with funding by Colorado Health Foundation, Ballantine Family Fund, Evening Rotary, Mercy Regional Medical Center, La Plata County Senior Services, Rocky Mountain Chocolate Factory, Inc. and individual donors. [www.chaclaplata.org](http://www.chaclaplata.org)

## Topics and Speakers:

⇒ *Staying in Charge of Your Life*, Kim Mooney, Thanatologist

⇒ *Exploring Your Values About Death and Dying*, Sarah Roberts-Cady, PhD

⇒ *Life Sustaining Technologies: Pros & Cons*, Anne Rossignol, MD

⇒ *Understanding Colorado Advance Directive Forms*, John K. Boyd, MD

⇒ *Talk With The Experts*

For everyone age 18 and over  
Space is limited—light breakfast provided

**RSVP by Sept. 12**  
to [kathy@chaclaplata.org](mailto:kathy@chaclaplata.org) or 970-884-2355