

Financial Assistance

CHP+

800-359-1991 | www.chpplus.org

CHP+ (Child Health Plan Plus) is low-cost health insurance for Colorado's uninsured children and pregnant women. CHP+ is intended for those who earn too much to qualify for Medicaid but cannot afford private health insurance. Eligibility form available at the website.

La Plata County Department of Human Services

970-382-6150 | 1060 E 2nd Ave, Durango

www.co.laplata.co.us

Supplement to SSI, Home Care Allowance, Medicare Savings, Food Assistance, Long Term Care.

La Plata CARES Card

970-946-5261 | www.chaclaplata.org/CARES.asp

CARES (Community Access and Referral Enrollment System) program providing discounted medical, dental, vision and mental health services based on income and family size for people who have no insurance. Register at The Family Center, La Plata County Human Services, or Mercy Regional Medical Center (Mercy patients only).

Medicaid

970-382-6150 or 800-221-3943 | www.medicaid.gov

Medicaid is health insurance for those requiring financial assistance. Eligibility determined upon need based criteria.

Medicare

800-633-4227 | www.medicare.gov

Medicare is a federally funded health insurance for people age 65 and older and younger adults with certain disabilities.

Social Security

888-472-6115 | www.socialsecurity.gov

103 Sheppard Avenue, #120, Durango 81303

Social Security provides a retirement benefit to Americans age 62 and older. Those with disabilities may also qualify for Social Security income.

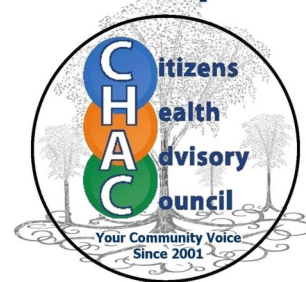
SWConnect.org — Visit the SWConnect website to find information for most communities in Southwest Colorado. There are several downloadable resource guides available.

This Quick Guide is published by the Citizens Health Advisory Council. Launched in 2001, CHAC is made up of citizens and organizations that advocate for **Better Health For All** through:

Coordination • **Affordability** • **Accessibility**

CHAC has successfully collaborated with several groups to create and enhance health related programs offered in La Plata County.

www.chaclaplata.org



Updated September 2014
To submit corrections or provide additional information, please visit www.chaclaplata.org

A Quick Guide to Health Care Resources in La Plata County

**Better
Health
For All**



Health Care Services In La Plata County

Axis Health System

www.axishealthsystem.org

CRISIS HOTLINE 970-247-5245

Behavioral Health at Crossroads

970-403-0180 - 1125 Three Springs Blvd., Durango CO 81301

Walk-in Assessments, Crisis Services, Acute Inpatient Treatment, Detox Services

Behavioral Health at Columbine

970-259-2162 - 281 Sawyer Dr. #100, Durango CO 81303

Individual and Group Therapies, Psychiatric Evaluation and Medication Services, Substance Use Treatment, Vocational Services, Mental Health First Aid

Integrated Care at La Plata Integrated Healthcare

See *Medical Hospitals and Clinics Section*

School Based Health Centers

Durango High School

970-259-1630 ext. 2107 – 2390 main Ave., Durango CO

Florida Mesa Elementary

970-385-1168 – 216 Hwy 172, Durango CO 81301

Well child Exams, Integrated Primary and Behavioral Health Care, Sports Physicals, Care for Acute Illness, Family Planning, Immunizations, Health Education, Youth Mental Health First Aid

San Juan Basin Health Department

970-247-5702 | www.sjbhd.org | *free to low-cost services*

281 Sawyer Drive, Durango CO 81303

- Birth and Death Certificates
- Child, Adult, and International Travel Immunizations
- Dental Services
- Food Assistance & Nutrition Education for Women, Infants and Children (WIC)
- Care Coordination — assistance for those with chronic conditions or barriers accessing health care
- Nurse-Family Partnership for first time moms and families
- Options for Long-Term Care — assistance for individuals to remain independent in their own homes
- Sexual Health — confidential services include birth control, STI testing, exams & cancer screenings

Mercy Home Health, Palliative Care and Hospice

970-382-2000 | www.mercyhealthathome.org

1 Mercado St, Durango CO 81301

Intermittent home care for all ages. Home Health provides post hospitalization aftercare (wound care, infusion, medical education, rehabilitation). Palliative Care provides services to people with life limiting illnesses. Hospice provides end of life care. Numerous additional home health and home support agencies can be accessed in the yellow pages, under “Home Health Services”.

Senior Services

- Adult Protective Services — 970-382-6150
- Alzheimer’s Association — 970-259-0122 Eldercare Locator — 800-677-1116
- Cottonwood Inn Rehabilitation and Extended Care Center — 970-828-1414
- Four Corners Health Care Center and Junction Creek Rehabilitation 970-247-2215
- La Plata County Senior Services — 970-382-6442 2424 Main Ave, Durango CO 81301
 - ♦ Durango-La Plata Senior Center — 970-382-6445 2424 Main Ave, Durango, CO 81301
 - ♦ Pine River Senior Center — 970-884-5415 or 9544 x106 111 S West St, Bayfield CO 81122
 - ♦ SUCAP Senior Center 15345 Hwy 172, Ignacio, CO 81137 970-563-4561

Nutritional meals, Home Chore Services, Transportation, Family Caregiver Support, Medicare Counseling and Income Tax Assistance

- San Juan Basin Agency on Aging — 970-264-0501
- Veteran’s Services — 970-759-0117

Residential Services

- Four Corners Health Care Center — 970-247-2215
- Sunshine Garden’s Assisted Living — 970-385-4090
- Our Place Adult Day Care — 970-385-5200
- Evenings Porch Bayfield — 884-0101

Substance Abuse Services

- Alcoholics Anonymous — 970-247-1706
- New Day Treatment Center — 970-259-2162
- SUCAP Peaceful Spirit — 970-563-4555
- Axis — See previous section for information.

Medical Hospitals & Clinics

Animas Surgical Hospital

970-247-3537 | www.animassurgical.com

575 Rivergate Lane, Durango CO, 81301

Durango Urgent Care

970-247-8382 | www.durangourgentcare.com

2577 Main Ave, Durango CO, 81301

Integrated Care at La Plata Integrated Healthcare

970-335-2288 | 1970 E. 3rd Ave., Lower Level, Durango

Primary Medical, Behavioral Health, Preventive Care, Chronic Disease Management, Wellness Programs, and Care for Acute illness

Mercy Regional Medical Center

970-247-4311 | www.mercydurango.org

1010 Three Springs Blvd., Durango CO, 81301

Durango VA Community Based Outpatient Clinic

970-247-2214 | 1970 E. 3rd Avenue #102, Durango

Family practice health services for qualifying Veterans.

Pediatric Partners of the Southwest

970-375-0100 | www.ppswdurango.com

810 E. Third St. #301, Horse Gulch Health Campus Pediatric and Young Adult Medical Home from birth to twenty-five, Acute Medical Care for Minor Illnesses, Asthma & Diabetes Medical Homes, Chronic Care Management, Behavioral Health Services, Immunizations, and more

Pediatric Associates of Durango

1199 Maine Ave. #205 | 970-259-7337

Southern Ute Indian Tribe

Southern Ute Health Center

970 563 4581 | www.southernute-nsn.gov/tribal-health

123 Weminuche Ave., Ignacio CO, 81137

Behavioral Health, Clinical, Dental, Nursing and Pharmacy Services. Serves eligible Native Americans.