

We can't continue
this important work
without your
support!

- ⇒ Become a member of CHAC.
- ⇒ Consider becoming involved.
- ⇒ Help us expand our visibility.
- ⇒ Contribute financially to our continuing efforts.
- ⇒ Attend monthly meetings.

2016 Meeting Dates:

January 8
February 12
March 11
April 8
May 13
June 10
July 8
August 12
September 9
October 14
November 11
December 9

COMMUNITY HEALTH ACTION COALITION

(CHAC)

An open group of your friends and neighbors as well as representatives from many local health care providers. We work together to prevent disease and disability, promote healthy lifestyles and integrated health services, and assure that quality health care and education is available to all.



Better Health for All

CHAC believes:

No one should suffer from lack of critical health information needed to achieve optimal wellness nor access to high quality health services due to financial status, geographic location, or availability of quality care.

Health care and health information should be centered on the whole person including mind, body, emotions, and spirit, and should be provided in the context of family and community.

Better Health for All

Do you have a health care provider?

Is maintaining or improving your health a personal goal?

Are you aware of all our community's health care resources?

Are you a confident participant on your own health care team?

We want you to join our team!

Attend a meeting the 2nd Friday of each month, 8-9:30 a.m. at the Durango Recreation Center.

For more information, visit chaclapata.org or call 970-799-0218



How it began:

Since its inception in 2001, the Community Health Action Coalition has been at work to improve and enhance the local health care system and provide information for optimal health for La Plata County residents.

Accomplishments include:

- * Published bi-annual documents detailing health status of our county.
- * Led effort to establish health care access to those with Medicare coverage.
- * Facilitated legislation that made La Plata County eligible for federal clinic funding.
- * Obtained grant funds to develop and implement a community health plan.
- * Supported building a local mental health residential treatment facility.
- * Fostered expansion of care coordination as a vital part of primary care.
- * Opened the La Plata Community Clinic for the uninsured.
- * Initiated exploration and implementation of health information exchange.
- * Developed and published county oral and behavioral health plans.
- * Presented annual Health Summits to expand community knowledge about health and health care system change.

We are:

- ◇ An open group of individuals and health centered organizations in La Plata County.
- ◇ The central coordinating body for collaboration, information sharing, community education, consumer advocacy, and other health related activities.
- ◇ Identifying existing gaps and challenges to achieving optimal health and seeking solutions.
- ◇ Focused on prevention of disease and disability, healthy lifestyles, and integrated health services that are accessible and affordable.

CHAC 2016

- ◆ Initiate an effort to promote advance care planning.
- ◆ Continue bi-monthly educational presentations on local health care and related community resources.
- ◆ Identify and respond to gaps in community health knowledge and access to health care services.
- ◆ Continue to provide a monthly forum for coordination and collaboration among health care providers and the community.
- ◆ Evolve as needed to enhance community health.